

# ABOUT THE REPORT

The Foodbank Hunger Report shines a light on food insecurity in Australia – revealing how many people are affected, why it's happening, and where we can work together to make the greatest impact.

Now in its 13th year, the Foodbank Hunger Report 2025 shows that food insecurity remains a persistent and deeply entrenched issue, with far too many Australians facing the distressing question of what – if anything – they can put on the table.



## Foodbank Hunger Report 2025

### KEY FINDINGS

#### 1 in 2 (48%)

of renting households have experienced food insecurity in the last 12 months



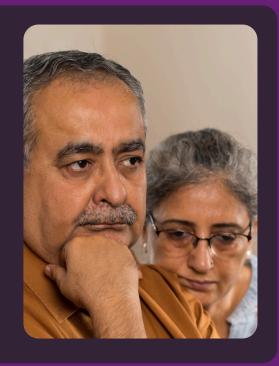
Two thirds (67%)

of households that include a person with a disability or health issue now experience food insecurity, with three quarters (75%) of those in the severe category.



One in five

households earning \$91,000 or above experienced food insecurity in the last 12 months



## Almost one in two (46%)

single parent households experienced severe food insecurity in the past 12 months.



#### One in three

households (3.5 million) experienced food insecurity in the past 12 months



### Cost-of-living

remains the number one concern for 91% for food insecure households (followed by housing and the economy)



## Help us break the silence on hunger

Join us in launching the Foodbank Hunger Report 2025 on Wednesday 5 November, and help spread the word.

By showcasing your partnership with Foodbank, you can engage your employees, stakeholders, and customers in our mission to create a hunger-free Australia.

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"The adults in the home have gone without or with reduced food to ensure we can cover bills and ensure the kids get everything they need. This is due to being out of work since December due to medical reasons, so we are living on a single income."



## The Toolkit to help feed change

We've created a Toolkit with ready-to-use resources to help you share the message. Together, we can raise awareness, spark conversations and help feed change for a hunger-free Australia.

What you'll find:

- » Media release
- » Social media post templates with tiles
- >> Foodbank B-roll and images to create your own assets
- >> Proudly supporting Foodbank logos



or copy the below into your browser

foodbank.org.au/toolkit-foodbank-hunger-report-2025/

